



Margaret Mansion Ruthman

March 12, 1944 - November 7, 2025

Margaret (Megen) Mansion Ruthman, 81, passed away peacefully on 11/07/2025. Born in 1944 Megen was the only daughter of William and Margaret Mansion. Born and raised in Saranac Lake, Megen always loved the water and the outdoors. She always loved swimming in the cold water of Saranac Lake, as anyone from Saranac would. She enjoyed the sunshine, boating and bird watching when she had the opportunity. As a child, Megen loved wildflowers! She enjoyed picking them and making little bouquets for her neighbors. Later in life, gardening and the joy of flower arranging became a further creative expression for Megen.

Megen was extremely bright and well read. Her academic career was impressive. She studied grief counseling with Elizabeth Kubler-Ross, earning a masters degree from SUNY Albany in Social Work, Megen eventually had her own private practice, Metamorphosis Growth Center, and served her clients in a capacity of deep listening, and compassion, with a focus on helping them through the stages of grief and loss. Megen also led and took part in group counseling in both the area of grief and loss as well as general Relationship, Marriage and Family counseling. She was an incessant reader, enjoyed music and valued all people.

A friend remembers "We frequently went out to lunch for the 99 restaurant, riding in my convertible Megen spent six weeks at my house, rehabbing a

badly broken ankle.. I can still hear her laughing in the kitchen over something fun. She had a great sense of humor and laughed a lot.” As she got older and her health failing , she spoke often and with great love about the fact that Jesus was right beside us, helping us carry our cross.

Megen loved life and even during great suffering she saw life as a gift and wanted to make the world a better place. Even when confined to her room at the nursing home, she would arrange for masses to be celebrated for friends and relatives. She had a smile that brought light to those around her. She strived to use her understanding of mental illness through her personal struggles to help others.

There are no calling hours and funeral services are private.

Tribute Wall

MG

“ 3 files added to the tribute wall



Mark Giordano - November 19, 2025 at 10:55 AM

MG

“ My deepest condolences to the family of Margaret. She was such a kind and gentle spirit and I had the good fortune of meeting her at our Lady of the Americas shrine Church. I saw her sitting in the pew and said hello and we had a lovely conversation About her being away from Church and that she was just trying this one out. I invited her to please come back regularly and if she enjoyed singing to join us in the choir. After that, I saw her regularly at church and she was a comforting presence, not only for me, but for all the parishioners that were there. She ran into a little problem and needed some rehab rehabilitation and Catskill and I had the good fortune of visiting her a few times. I remember one Christmas performing some Christmas carols for her and she was so happy and so gracious and thankful. In some small way it wasn't solely for her, however it was for me. In some small way to her humanity and suffering, she brought me closer to God on that day and I'm thankful for the impression and memory that she left with me. We laughed and saw the joy and love in each other. I will certainly miss Megan as someone who is soft and gentle of heart and kind with her words. Thank you, Megan for leaving an impression on me that chose suffering, humanity, and love.

Mark Giordano - November 19, 2025 at 10:52 AM